

Wisdom Teeth

Wisdom tooth pain is usually due to inflammation of the gum over the erupting tooth, which can be worsened by trauma from biting.



Most flare ups can be managed with good home care and should settle in a few days to a week:

Excellent cleaning (even if it is painful to brush, the area must be kept clean to encourage healing)

Corsodyl mouthwash (avoid use for >1week as may cause staining)

Soft diet (soft food will reduce trauma from biting)

Painkillers (ibuprofen or paracetamol following packet instructions)

Warm salty mouthwash

If you have **difficulty swallowing, swelling in your face or cheek or difficulty opening your mouth**, call your dentist. You may need antibiotics if the infection is spreading.